

THE JULY EDITION · 42 EVENTS · 9 CATEGORIES

July in *Tenerife*, two-thousand *twenty-six*.

High summer, and the island turns to *fire and water*. La Laguna stages the only **Regional Romería** in the Canaries as San Benito Abad draws eighty ox-carts through the old town. Fishing ports carry the Virgin of Carmen out to sea on decorated boats. And on the Santa Cruz seafront, Cook Music Fest and Sting light up the shortening nights.

ISSUE	7, 2026
COVERAGE	1 – 31 JULY 2026
SUN RISES	07:00 → 07:17
SUN SETS	20:57 → 20:39
AVG. HIGH	27°C · COASTAL
SEA TEMP	21–23°C
READING TIME	≈ 12 MIN

§ 01 — OVERVIEW

The month, *at a glance.*

MON → SUN · WEEKS 27–31

MON	TUE	WED	THU	FRI	SAT	SUN
29 JUN	30 JUN	01 PREGÓN S.BENITO MOVE ON	02 CACAO OPEN THE HYPE	03 BAILES ×2 LA LOKA	04 ROMERÍAS CENA CANARIA ESSENCE	05 ROMERÍAS ×3 PAPAGAYO PIKNIK
06	07	08 MVSON	09	10 STING RESISTIME B.MAGOS	11 8 ISLAS B.MAGOS PTO LA LOKA ANIV	12 SAN BENITO → LOS OLIVOS
13	14 V.CARMEN ↕ TLP →	15 TLP	16 COOK FEST → V.CARMEN JOSÉ JAMES	17 COOK FEST LA LOKA CIRCO	18 COOK FEST	19 TLP CLOSE
20	21	22 JACOB COLLIER	23	24	25 SANTIAGO	26 C.LA ESPERANZA
27 FLIRT	28	29	30	31 LA LOKA CIRCO	01 AUG	02 AUG

HEADLINE / FREE SPECTACLE

TICKETED FESTIVAL

TRADITION / ROMERÍA

LIVE MUSIC / NIGHTLIFE / OTHER

§ 02 — TRADITION · ROMERÍAS

Magos, ox-carts & the *regional* romería.

4 EVENTS

01

JUL
WEDNESDAY

Pregón — Fiestas de *San Benito Abad*

● IGLESIA DE SAN BENITO · LA LAGUNA · NORTH

Two weeks of celebration open at 19:30 with the traditional pregón, this year delivered by Canarian folk artist Chago Melián. The 2026 edition — the fiesta's 80th — takes the island of Tenerife itself as its theme, honouring its folklore and traditions.

■ FREE

TRADITION

03–05

JUL
FRI → SUN

Romería & *Baile de Magos* Circuit

● VARIOUS · ISLAND-WIDE

A dense first weekend of folk celebration across the island: Bailes de Magos in Llano del Moro and Buzanada, and romerías in Las Aguas (San Juan de la Rambla), Los Blanquitos (Granadilla de Abona) and El Rosario. Expect traditional dress, ox-carts, parranda and local wine.

■ FREE

TRADITION

10

JUL
FRIDAY

Baile de Magos de *San Benito*

● HISTORIC CENTRE · LA LAGUNA · NORTH

The grand Baile de Magos fills the old town with music and traditional costume — more than 650 tables are laid out across the historic centre for the island's largest folk dance, the eve of the great romería.

■ FREE

TABLES BOOKABLE

12

JUL
SUNDAY

Romería Regional de *San Benito Abad*

● LA LAGUNA · NORTH

The single most important romería in the Canary Islands — and the only one to hold "regional" status. Around 80 decorated ox-carts and carritos and close to 40 folk groups process through La Laguna, handing local produce, wine and gofio to the crowds.

■ FREE

HEADLINE

TRADITION

§ 03 — SEA · PATRON SAINTS

The Virgin goes down *to the sea*.

3 EVENTS

14

JUL
TUESDAY

Embarcación de la *Virgen del Carmen*

● MUELLE · PUERTO DE LA CRUZ · NORTH

The statue of Our Lady of Carmen, patron of fishermen, is carried through the streets and out onto the water aboard a decorated boat, escorted by a flotilla of vessels. Puerto de la Cruz stages one of the north's most atmospheric summer nights.

■ FREE

TRADITION

16

JUL
THURSDAY

Virgen del Carmen — *Island-Wide*

● COASTAL TOWNS · TENERIFE

The feast day itself. Maritime processions and blessings of the fleet fill the ports of Los Cristianos, Candelaria, Las Galletas and beyond, each town carrying its Virgin out to sea. Fireworks over the water close the evening.

■ FREE

TRADITION

25

JUL
SATURDAY

Fiestas de *Santiago Apóstol*

● VARIOUS · SANTA CRUZ / SOUTH

The feast of Saint James, patron of Spain, is marked with processions, verbenas and fireworks across several municipalities. In Santa Cruz it coincides with the historic commemoration of the city's 1797 defence against Nelson.

■ FREE

TRADITION

§ 04 — LIVE MUSIC

From the dársena to *the Auditorio*.

4 EVENTS

10

JUL
FRIDAYSting — *STING 3.0 Tour*

● ANEXO PALMETUM · SANTA CRUZ

The stripped-back power-trio tour brings four decades of songs — from The Police to the solo catalogue — to an open-air stage beside the Palmetum gardens.

TICKETED

POP / ROCK

tomaticket.es

10

JUL
FRIDAYResistime *Live Fest 2026*

● RECINTO PORTUARIO · SANTA CRUZ

A tropical and Latin night on the seafront with Bacilos, Nacho, Ke Personajes and Rafaga — a warm-up to the Cook Music Fest weekend.

TICKETED

LATIN

16–18

JUL
THU → SATCook Music Fest 2026 — *5th Ed.*

● PUERTO DE SANTA CRUZ · SANTA CRUZ

Three nights of Latin, urban and tropical on the seafront — 24,000 m² of port space plus a gastronomic village. The anniversary line-up spans generations of the genre.

Confirmed: Don Omar, Farruko, Myke Towers, Chayanne, Elvis Crespo, Gente de Zona, Lola Indigo, Greeicy, Luis Enrique, Tito Nieves and more.

TICKETED

HEADLINE

cookmusicfest.es

22

JUL
WEDNESDAYCanarias Jazz & Más — *Jacob Collier*

● AUDITORIO DE TENERIFE · SANTA CRUZ

The island's jazz festival brings the multi-instrumentalist Jacob Collier to the Auditorio, with Yellowjackets, Tigran Hamasyan and Lucía Rey across the wider programme. Free outdoor concerts run alongside the ticketed dates.

TICKETED

JAZZ

canariasjazz.com

§ 05 — NIGHTLIFE

Boats, pools & *Sala El Nido*.

9 EVENTS

01

JUL • WED

Move On

• VENUE TBC • CHECK XCEED.ME

Midweek electronic session opening the month.

TICKETED xceed.me

02

JUL • THU

Cacao *Opening* • The Hype

• SALA EL NIDO • SOUTH

Two season-openers share the same Thursday night.

TICKETED

04

JUL • SAT

Andrea Oliva • *Essence*

• VENUE TBC • SOUTH

The Ibiza house heavyweight headlines Essence.

TICKETED

HOUSE

05

JUL • SUN

Piknik • Papagayo • *Boat Party*

• SOUTH • MULTIPLE VENUES

A triple-header Sunday: beach club, daytime Piknik with Marsolo, and a VOYAGE sunset boat party.

TICKETED

DAYTIME

08

JUL • WED

MVSON

• VENUE TBC • CHECK XCEED.ME

Midweek house and melodic techno.

TICKETED

§ 05 — NIGHTLIFE (CONT.)

Late nights, to the *last Friday*.

4 EVENTS

10

JUL • FRI

MAPPA • *Carry On*

• VENUE TBC • CHECK XCEED.ME

Underground house and tech party.

TICKETED

11

JUL • SAT

La Loka — *Anniversary*

• VENUE TBC • CHECK XCEED.ME

The scene mainstay throws its birthday edition.

TICKETED

12

JUL • SUN

Archie Hamilton • *Piknik*

• VENUE TBC • CHECK XCEED.ME

Minimal / rolling house for the Sunday daytime crowd.

TICKETED

17.31

JUL • FRI

La Loka *en el Circo*

• VENUE TBC • CHECK XCEED.ME

The circus concept returns twice — mid-month and to close July.

TICKETED

§ 06 — THEATRE · ARTS · FOLK

Marvin Gaye, and *eight islands* on stage.

3 EVENTS

11

JUL
SATURDAY

Festival *8 Islas*

● LA LAGUNA · NORTH

A night of Canarian popular music bringing together groups and artists from across the archipelago, part of the San Benito programme and a highlight of its inter-island character.

FREE

FOLK

16

JUL
THURSDAY

José James & Célia Kameni — *Marvin Gaye*

● TEATRO LEAL · LA LAGUNA · NORTH

The American jazz vocalist pays tribute to Marvin Gaye alongside Célia Kameni at the beautifully restored Teatro Leal — an intimate soul-and-jazz evening.

TICKETED

JAZZ / SOUL

teatroleal.es

Jul

ONGOING
CHECK DATES

Auditorio de Tenerife — *Summer Season*

● AUDITORIO DE TENERIFE · SANTA CRUZ

Recitals, chamber concerts and family shows continue through July at the Calatrava landmark, running in parallel with the Canarias Jazz festival dates.

TICKETED

CLASSICAL

auditoriodetenerife.com

§ 07 — PLAY · SPORT

Twenty years of *TLP*, and a hill race.

2 EVENTS

14—19

TLP Tenerife 2026 — *20th Anniversary*

● RECINTO FERIAL · SANTA CRUZ

JUL

TUE → SUN

Six days of gaming, technology, e-sports, cosplay and digital culture at the International Trade Fair and Congress Centre — the festival's 20th edition, and one of Spain's largest of its kind.

ENTRY / PASSES

TECH

tlp-tenerife.com

26

Carrera Popular de *La Esperanza*

● LA ESPERANZA · EL ROSARIO · NORTH

JUL

SUNDAY

A popular road race through the cool highland town, run as part of the Fiestas de Nuestra Señora de La Esperanza. Categories for all ages; register in advance.

ENTRY FEE

AMATEUR

§ 08 — OUTDOOR • NATURE

Laurel forest, *lunar rock*, and the peak.

4 ONGOING

All

JUL
THROUGHOUT

Guided Walks — *Anaga* Rural Park

● ANAGA RURAL PARK • NE CORNER OF ISLAND

Regular guided walks through one of Europe's oldest laurel forests (laurisilva), with dramatic coastal views and ancient paths. In July the shaded canopy stays cool even as the coast heats up.

GUIDED

ALL LEVELS

tenerife-guided-walks.com

All

JUL
THROUGHOUT

Teide *Sunrise* Trek

● MOUNT TEIDE NATIONAL PARK • CENTRAL • 3,715 M

Guided pre-dawn ascents to watch sunrise from Spain's highest peak. July delivers long stretches of clear, stable skies above the cloud sea.

⚠ **Note:** Cable-car and summit-permit demand peaks in July — book the free summit-cone permit and your guide well in advance, and carry layers for near-freezing dawn temperatures.

GUIDED

ADVANCED

volcanoteide.com • licensed ops

All

JUL
THROUGHOUT

Masca *Valley* Guided Walk

● MASCA VILLAGE • BUENAVISTA DEL NORTE • NW

A scenic walk through the volcanic gorge and laurel forest above Masca, with views of Teide and the Teno massif. Access is restricted to guided groups only to protect the environment — a standout experience.

GUIDED ONLY

ICONIC

All

JUL
THROUGHOUT

Vilaflor & *Paisaje Lunar* Trail

● VILAFLOR • SOUTH • 13.4 KM LOOP • PR TF 72

A moderate loop through the striking "Lunar Landscape" pumice formations near one of Europe's highest villages. Best walked at first light in July — start early to beat the midsummer heat.

FREE ACCESS

SELF-GUIDED OK

§ 09 — FOOD & DRINK

Canarian tables, *out of doors*.

2 ENTRIES

04

JUL
SATURDAY

Cena Canaria de *El Sauzal*

● EL SAUZAL · NORTH

A communal open-air Canarian dinner during the town's San Pedro celebrations — grilled meats, local wine from the Tacoronte-Acentejo DO, and live parranda under the stars.

TICKETED

LOCAL

All

JUL
THROUGHOUT

Summer *Tapas & Terrace* Season

● VARIOUS · TENERIFE-WIDE

Ports and old towns lean fully into terrace season. The Santa Cruz waterfront, La Laguna's UNESCO centre and the fish restaurants of Los Abrigos and El Médano stay open late — watch local social media for informal summer tasting trails.

ONGOING

ISLAND-WIDE

§ 10 — MARKETS · LOCAL PRODUCE

Saturdays & Sundays, *before* noon.

4 REGULARS

Sat

WEEKLY

08:00 → 14:00

Tacoronte *Farmers'* Market

● TACORONTE · NORTH

One of the island's largest and most respected markets — local fruit and veg, artisan cheeses, Tacoronte-Acentejo wines, honey and gofio.

FREE · WEEKLY

Sat

WEEKLY

08:30 → 14:00

Buenavista del Norte *Organic* Market

● BUENAVISTA DEL NORTE · NW

Artisan and organic producers from the island's remote northwest — worth the drive through Teno for the scenery alone.

FREE · ORGANIC

Sat·Sun

WEEKLY

08:00 → 14:00

Tegueste *Artisan* & Farmers' Market

● TEGUESTE · NORTH

Some 33 stalls of fruit, veg, flowers, cheese, dairy, meat, lace and handicrafts, often with live music or workshops.

FREE · CRAFTS

Days vary

WEEKLY

09:00 → 14:00

El Médano *Craft* Market

● CENTRAL PLAZA · EL MÉDANO · SOUTH

Handmade jewellery, clothing, natural cosmetics and artisan goods — more bohemian than touristy, popular with the surf and nomad crowd. Days vary by season.

FREE · BOHEMIAN

§ 11 — FAMILY · KIDS

For all *ages*.

3 PICKS

All

JUL
NIGHTLY

Siam Park *at Night*

● COSTA ADEJE · SOUTH

Through July and August the world's top-rated water park extends its hours to 20:00–00:00, opening the slides and wave pool after dark — a completely different atmosphere from the daytime buzz.

TICKETED

ALL AGES

11

JUL
SATURDAY

Baile de Magos *Infantil* de San Benito

● ERMITA DE SAN BENITO · LA LAGUNA · NORTH

A children's folk dance in miniature traditional dress around the San Benito hermitage — families welcome, and a gentle introduction to the romería that follows the next day.

■ FREE

FAMILY

All

JUL
THROUGHOUT

Museum of *Illusions* Tenerife

● HISTORIC TOBACCO FACTORY · SANTA CRUZ

An immersive, interactive family attraction in Santa Cruz's restored tobacco factory — optical illusions, perspective rooms and hands-on exhibits for all ages, and a cool indoor escape from the July sun.

Also on: "Verano de Cuento" — free children's storytelling and workshops in El Sauzal, Saturdays from 18 July.

TICKETED

ALL AGES

§ 12 — LOOKING AHEAD

Worth booking *now* for August & beyond.

AUG • SEP

8 AUG • COSTA ADEJE

Sunblast *Festival* 2026

A day-to-night open-air electronic festival at Golf Costa Adeje, the south's flagship dance event of the summer.

SUNBLASTFESTIVAL.COM

15 AUG • CANDELARIA

Fiestas de la *Virgen de Candelaria*

Tenerife's most important religious festival. Thousands of pilgrims walk through the night to reach the Basilica. Free, and genuinely extraordinary.

FREE

4–5 SEP • PUERTO CRUZ

Phe *Festival* 2026

Two nights of indie, electronic and urban acts in Puerto de la Cruz — the north's coolest boutique festival.

PHEFESTIVAL.COM

Sources

WEBTENERIFE.CO.UK • NESTSHOSTELS.COM • CANARIAS.EVENTS
• CASA-BALCONES.COM • LALAGUNAAHORA.COM • SONGKICK.COM
• XCEED.ME • CANARIASJAZZ.COM • COOKMUSICFEST.ES •
AUDITORIODETENERIFE.COM • TLP-TENERIFE.COM •
TEATROLEAL.ES

Notes

Some venues and exact dates are subject to change. Always verify with event organisers before attending. Events marked "check xceed.me" have confirmed listings but venue TBC at time of publication.